

Irene-Wakonda XC 5K Color Run/Walk
Raising money for Eagles Lunches & Laces
September 27, 2025
9:00 am Irene Football Field

Course Description: 3.1-mile course around the town of Irene. Starting and ending at the football field.

Fees: **\$25.** Each participant will receive a t-shirt and sunglasses if registered by September 15, 2025.

\$30 if you register the day of the race or after 9/15/25. You may not be guaranteed a t-shirt.

Those **5 and under are free** to run but will not receive a t-shirt.

Hibernation Option (Sleep-in option): You can still support the XC team without participating in the run with the sleep-in option. Cost is **\$30** and includes a t-shirt. Shirts can be picked up at the Color Run or Irene-Wakonda School the week after.

T-shirts: Participants who register early will receive their shirts on the day of the color run. Participants registering on the day of the run will receive shirts while supplies last.

Pre/Post Run: Roamin' Roast Coffee Trailer, Family Treats Ice Cream Truck, FCCLA Italian sodas and flavored lemonades. Kids activities, Raffles, etc.

Contact Information: Stephanie Ganschow **Work:** 605-263-3311 **Cell:** 605-670-0820 or **email:** Stephanie.ganschow@k12.sd.us

Registration forms can be turned in at the Irene-Wakonda School or mailed to
Irene-Wakonda School,
Attn: Stephanie Ganschow,
130 E State St.,
Irene, SD 57037

Name: _____

Address: _____ City: _____

State: _____ Zip: _____ Age: _____ Birthdate: _____ Male: _____ Female: _____

Email: _____ Phone: _____

Emergency Contact Name: _____ Emergency Phone: _____

Shirt Size(Please circle one): YM YL SM MED LG XLG 2XL 3XL

Which race would you like to participate in?

_____ 5K run/walk

_____ 3K run/walk

☐ Check the box for the Hibernation option (sleep-in option) if you are not interested in walking or running but would still like to donate and receive a tshirt. The cost is \$25.

Please check how you will pay.

_____ Cash

_____ Check

_____ Venmo @Stephanie-Ganschow-1

Should the event be canceled due to extreme weather, we appreciate your donation to Irene-Wakonda Cross Country and Eagles Laces and Lunches.